

From Childhood to Adulthood: Advancing Mental Health Together

Faculties of Child and Adolescent and General Adult Psychiatry | Joint Spring Conference 2025

Date: Tuesday 18 March 2025

Venue: In-person (RCPsych, London) / Live-streamed via EventsAir

Several sessions (B,C,E,F) have been designed by, and for, resident doctors in training, with all attendees welcome to join any session.

Time	Session
8.45am	Delegate registration (in-person attendees only)
9.15am	Welcome and Introductions Room 1.7 Dr Elaine Lockhart, <i>Chair of the Child and Adolescent Faculty</i> and Dr Jon Van Niekerk, <i>Chair of the General Adult Faculty</i>
9.30am	Plenary 1: ADHD across the lifespan Chairs: Dr Elaine Lockhart, <i>Chair of the Child and Adolescent Faculty</i> and Dr Jon Van Niekerk, <i>Chair of the General Adult Faculty</i>
	Beyond the neurotype: Rethinking Neurodevelopmental Conditions Dr Jessica Eccles, <i>Associate Professor (Reader), Brighton and Sussex Medical School</i>
9.50am	Outcome predictors in ADHD: from neuroimaging to epidemiology Dr Valeria Parlatini, <i>Associate professor/Hon. Consultant in Child and Adolescent Psychiatry, University of Southampton/Hampshire, and IOW Healthcare NHS Foundation Trust</i>
10.10am	What I've learnt as a psychiatrist treating ADHD in children, as a mother of a child with ADHD and as a woman with recently diagnosed ADHD Dr Helen Tindle, <i>Consultant Child and Adolescent Psychiatrist, NHS Greater Glasgow and Clyde</i>
10.30am	Questions from the audience
10.55am	Morning refreshments G1-4, Members' Area
11.25am	Morning parallel sessions - please choose one of the following three sessions.
	Session A - Addressing the Session B - Supporting Session C – A clinical

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Conference Programme

intertwined relationship between parental and child mental health Room 1.7	doctors through serious incidents Room 1.1	masterclass on the intersections between ADHD & personality disorders Room 1.6
<p>Chair: Professor Sonia Johnson, <i>Co- Academic Secretary of the GAP Faculty and Professor of Social and Community Psychiatry, UCL</i> and Dr Guy Northover, <i>Vice-chair of the CAP Faculty and CAMHS Consultant and CCIO, Berkshire Healthcare NHS Trust</i></p> <p>Speakers:</p> <ul style="list-style-type: none"> - ‘Seeing the whole family - the KidsTime approach to supporting parental and child mental health’ Ms Dympna Cunnane, <i>CEO, Our Time Charity</i>, and Mr Aymen Belkacemi, <i>Expert by Experience and Trustee of Our Time Charity</i> - ‘Impacts on parents of children's mental health difficulties’ Dr Faith Martin, <i>Senior Lecturer, University of Bath</i> - ‘Examining Links Between Parent Depression and Child Depression: Understanding Mechanisms Underlying the Intergenerational Transmission of Psychopathology’ Professor Gordon Harold, <i>Professor of the Psychology of Education and Mental Health, University of Cambridge</i> 	<p>Chair: Dr Henny Blake, <i>ST5 General Adult Psychiatry, North London NHS Foundation Trust</i> and Dr Matthew Leahy, <i>Child and Adolescent psychiatry higher trainee, HPFT</i></p> <p>Speakers:</p> <ul style="list-style-type: none"> - ‘Riding the wave: understanding and navigating the turbulent aftermaths of serious incidents’ Dr Rachel Gibbons, <i>Vice-Chair Psychotherapy Faculty Consultant Psychiatrist, RCPsych</i> - ‘Supporting doctors through the inquest process’ Dr Hannah Cappleman, <i>Consultant Psychiatrist, Greater Manchester Mental Health</i> - ‘A personal reflection on the experience of attending an inquest’ Dr Khushbakht Ghazanfar, <i>Greater Manchester Mental Health Trust</i> 	<p>Chair: Dr Asilay Seker, <i>Child and Adolescent Psychiatry Trainee, KCL</i>, and Dr Mohammad Kashif, <i>Consultant Psychiatrist, Coventry & Warwickshire Partnership Trust</i></p> <p>Speakers:</p> <ul style="list-style-type: none"> - ‘The interface between complex trauma and developmental disorders in children and young people’ Dr David Kingsley, <i>Clinical Director, Priory Group</i> - ‘Intersections between Attention Deficit Hyperactivity & Personality Disorder in Adults’ Dr Jonathan Hurlow, <i>Consultant Forensic Psychiatrist & Mentalisation Based Therapy Supervisor, BSMHFT</i>

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12.40pm	Lunch G1-4, Members' Area		
1.30pm	Afternoon parallel sessions - please choose one of the following three sessions.		
	<p>Session D – Cultures of Care: responding to both trauma and neurodivergence across the lifespan Room 1.7</p>	<p>Session E –Being well at work Staff auditorium, Lower ground*</p>	<p>Session F – A Breath of Fresh Air: How understanding climate change, nature and sustainability can enhance the care we offer Room 1.6</p>
	<p>Chairs: Dr Jeya Balakrishna, <i>Consultant Adult Psychiatrist, Defence Primary Healthcare, Ministry of Defence</i> and Dr Jose Luis Mediavilla, <i>Financial Officer of the CAP Faculty and Consultant Psychiatrist, TEWV NHS FT</i></p> <p>Speakers:</p> <ul style="list-style-type: none"> - Dr Philippa Greenfield, <i>Consultant Psychiatrist, North London Foundation Trust</i> - Professor Helen Minnis, <i>Professor of Child and Adolescent Psychiatry at the University of Glasgow</i> - Mrs Sal Smith, <i>Head of Lived Experience and Co-Production, NCCMH</i> 	<p>Chairs: Dr Fiona Shaw, <i>ST4 CAMHS, Manchester Foundation Trust</i> and Dr Henny Blake, <i>ST5 General Adult Psychiatry, North London NHS Foundation Trust</i></p> <p>Speakers:</p> <ul style="list-style-type: none"> - 'Workplace Relationships and their Impact on Wellbeing' Dr Hannah Cappleman, <i>Consultant Psychiatrist, Greater Manchester Mental Health</i> - 'Systemic factors in doctors' wellbeing' Dr Ananta Dave, <i>Chief Medical Officer, NHS Black Country ICB</i> - 'Leading a wellbeing activity – group singing' Dr Hubertus Himmerich, <i>Clinical Researcher in Eating Disorders, King's College London, and Miss</i> 	<p>Chair: Dr Matthew Leahy, <i>Child and Adolescent psychiatry higher trainee, HPFT</i> and Dr Mohammad Kashif, <i>Consultant Psychiatrist, Coventry & Warwickshire Partnership Trust</i></p> <p>Speakers:</p> <ul style="list-style-type: none"> - Dr Katherine Kennet, <i>Consultant Child and Adolescent Psychiatrist, North London NHS Foundation Trust</i> - Dr Catriona Mellor, <i>Child and Adolescent Psychiatrist, Oxford Health NHS Foundation Trust</i> - Dr Jacob Krzanowski, <i>Consultant and Associate Registrar in Sustainability, SLaM & RCPsych</i>

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		<p>Harriet Phillips, Occupational Therapist, Southwark Council</p> <p><i>*This presentation will not be live-streamed or available to view on-demand</i></p>	
2.45pm	Afternoon refreshments G1-4, Members' Area		
3.15pm	<p>Plenary 2 – Staying safe from suicide: New guidance and insights Room 1.7 Chairs: Dr Jon Van Niekerk, <i>Chair of the General Adult Faculty</i> and Dr Shermin Imran, <i>Consultant Child & Adolescent Psychiatrist and Lead Consultant FCAMHSNW Service, Greater Manchester Mental Health Trust</i></p> <p>The case for change Mr Philip Pirie, <i>Parent bereaved by suicide and a suicide prevention campaigner</i></p>		
3.35pm	<p>Staying safe from suicide: key guidance messages, and implementation Mr Seamus Watson, <i>National Improvement Director NHSE, and Programme Lead for Staying Safe from Suicide</i></p>		
3.55pm	<p>Self-harm in young people Professor Dennis Ougrin, <i>Professor of Child and Adolescent Psychiatry, QMUL</i></p>		
4.15pm	<p>Questions from the audience and panel discussion Chairs: Dr Jeya Balakrishna, <i>Consultant Adult Psychiatrist, Defence Primary Healthcare, Ministry of Defence</i> and Dr Shermin Imran, <i>Consultant Child & Adolescent Psychiatrist and Lead Consultant FCAMHSNW Service, Greater Manchester Mental Health Trust</i></p>		
4.45pm	<p>Closing comments Dr Jon Van Niekerk, <i>Chair of the General Adult Faculty</i> and Dr Shermin Imran, <i>Consultant Child & Adolescent Psychiatrist and Lead Consultant FCAMHSNW Service, Greater Manchester Mental Health Trust</i></p>		
5.00pm	End of conference		
5.00pm – 6.00pm	<p>Delegate drinks reception G1-4, Members' Area <i>All delegates are welcome to attend this reception, no ticket purchase necessary. Non-alcoholic drink options will also be available.</i></p>		

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