



RCPsych in Scotland Working Retired Psychiatrists Group Meeting 2026

Thursday 16 April 2026
Apex Waterloo Place Hotel, Edinburgh
Arrival / Registration from 9.30am

Digital Event Booklet

Housekeeping



Upon arrival, please sign in so that we can confirm delegates attendance.



Please turn your phone/devices to silent and your email notifications off for the duration of the event.



Feedback Forms will be circulated for you to complete in the afternoon.



Certificates of attendance will be emailed to you within 5 days of the event.

PROGRAMME

09.30 - 10.15	Arrival / Registration / Networking
10.15 – 10.30	Chair's Welcome
10.30 – 12.00	The Fixated Threat Assessment Centre (FTAC) Service Dr Simon Wilson, Consultant Forensic Psychiatrist; Honorary Associate Professor University College London; The Fixated Threat Assessment Centre (FTAC), London
12.00 – 13.00	The Legacy of Daksha Emson Dr Richard Caplan, Consultant Psychiatrist Chair - Working Retired Group, Royal College of Psychiatrists in Scotland Specialist Advisor, Psychiatrists' Support Service, Royal College of Psychiatrists <i>The tragic case of Daksha Emson - what happened - how the Psychiatrists' Support Service came about, what we do and how it might be of use to you.</i>
13.00 – 14.00	LUNCH
14.00 – 14.30	Business Meeting Inc. The Retired Psychiatrists Group joins the WRP / Away Days Dr Ricky Caplan, Dr Steve Young and Dr Morag Rennie
14.30 – 15.00	Three Woods and a Pond Dr Brian Ballinger, Retired Consultant Psychiatrist, Dundee
15.00 – 15.15	Closing Remarks
15.15 – 16.00	Meeting Closes*

(*space remains open until 16.00 for those who wish to remain and catch up with colleagues a little longer)

Speaker Biographies & Presentation Abstracts

Dr Simon Wilson

Simon Wilson graduated from Leeds University and trained in psychiatry at the Maudsley Hospital. He has been a consultant forensic psychiatrist since 2002, working in a diverse array of settings, and has been at the Fixated Threat Assessment Centre (FTAC) since 2010, and the clinical lead there since 2022.

Presentation Abstract: An overview of the literature in relation to public figure protective security, fixation, and the structure and function of the UK FTAC.

Richard Caplan

Dr Caplan is a consultant general adult psychiatrist. He trained in psychiatry at Guy's Hospital and St George's Hospital in London. He worked as a consultant psychiatrist in the NHS for over 25 years with 10 years in Lincoln and 15 years in Glasgow where he was also subdean in psychological medicine at the University of Glasgow for many years. He has a keen interest in stress in the medical profession and has published research and lectured widely on this subject. He has long experience of medical management as Unit Medical Officer of Lincolnshire mental health services, Chair of South Glasgow Division of Psychiatry, Clinical Director of South Glasgow mental health service, Clinical Director of the West of Scotland forensic psychiatry service and Medical Director of Tayside Health Board mental health services. He has a wide-ranging medicolegal practice based in Harley Street in London. He has been a fitness to practise assessor and medical supervisor of sick doctors for the General Medical Council for 25 years. He has worked for the Psychiatrists' Support Service (PSS) for the Royal College of Psychiatrists since the inception of the service in 2007 and has been Specialist Adviser and leader of the service for the past 2 years.

Presentation Abstract: The tragic case of Daksha Emson - what happened - how the Psychiatrists' Support Service came about, what we do and how it might be of use to you.

Dr Brian Ballinger

Dr Ballinger is a retired consultant psychiatrist (Dundee); a BSBI Botanical Recorder for Easter Ross; Ex-President of the Botanical Society of Scotland and a Woodland owner.

Presentation Abstract: A description of woodlands in Fife, Ross-shire and Caithness and a pond in Angus. Some issues of woodland ownership.

**WE LOOK FORWARD TO
WELCOMING YOU TO THE EVENT!**