

## Faculty of Eating Disorders Spring Conference

**Date:** Wednesday 20 May, 9.00am-5.30pm

**Venue:** Online via EventsAir

Time	Session
9.00am-9.15am	<p><b>Conference welcome</b> Dr Ashish Kumar, Chair of Faculty of Eating Disorders, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</p>
09.15am-09.30am	<p><b>Presidential address</b> Dr Lade Smith CBE, President of the Royal College of Psychiatrists</p>
09.30am-09.50am	<p><b>Keynote Address: NHSE Severe Mental Illness - Modern Service Framework and Eating Disorders</b> Dr Adrian James, NHS England Medical Director for Mental Health and Neurodiversity</p>
9.50am-10.35am	<p><b>Session 1: Keynote Address - MBT and Eating Disorders</b> Chair: Dr Lisa Mukerjee, Academic Secretary, RCPsych, Consultant Child Psychiatrist</p>
9.50am-10.20am	<p><b>Keynote Address: MBT and Eating Disorders</b> Dr Rory Bolton, Joint Programme Director for the Adult MBT Programme at Anna Freud Centre</p>
10.20am-10.35am	<p><b>Q+A and discussion</b></p>
10.35am - 11.05am	<p>Break</p>
11.05am-12.35pm	<p><b>Session 2: Symposium - Modernising Medical Education in Eating Disorders Across the Lifespan: From Undergraduate Teaching to Specialist Credentialing</b> Chair: Dr Agnes Ayton, Vice-Chair of the Faculty of Eating Disorders, RCPsych, Consultant Psychiatrist and Clinical, Director HOPE PC Oxford Health NHS FT</p>

11.05am-11.30am	<p><b>Student Selected Component in eating disorders at University College London</b></p> <p>Dr Aryan Arora</p>
11.30am-11.55am	<p><b>Opportunities to modernise the psychiatric Mental State Examination</b></p> <p>Dr Edwin Birch, Resident doctor and honorary researcher, Oxford Health NHS Foundation trust</p>
11.55am-12.20pm	<p><b>Rationale, structure, and uptake of the Royal College of Psychiatrists Eating Disorders Credentialing Programme</b></p> <p>Dr Alexandra Eriksson, ST6 Psychiatry Trainee</p>
12.20pm-12.35pm	<p><b>Q&amp;A and discussion</b></p>
12.35pm-1.10pm	<p>Lunch</p>
1.10pm-1.30pm	<p><b>Session 3: Eating Disorders and Liaison Psychiatry</b></p> <p>Dr Hubertus Himmerich, Academic Secretary, Faculty of Eating Disorders, RCPsych, Reader at the Institute of Psychiatry, Psychology &amp; Neuroscience at King's College London</p>
1.10pm-1.25pm	<p><b>Eating Disorders and Liaison Psychiatry: Challenges and Opportunities</b></p> <p>Dr Alex Thompson: Chair of Faculty of Liaison Psychiatry, RCPsych, Clinical Lead for Liaison Psychiatry and Urgent and Emergency Care. Central and Northwest London NHS Foundation Trust</p>
1.25pm-1.30pm	<p><b>Q&amp;A and discussion</b></p>
1.30pm-2.15pm	<p><b>Session 4: Keynote Address – Transdiagnostic Enhanced Cognitive Behaviour Therapy (CBT-E) for eating disorders</b></p> <p>Chair: Dr Ashish Kumar, Chair of Faculty of Eating Disorders, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust</p>
1.30pm-2.00pm	<p><b>Keynote Address: Transdiagnostic Enhanced Cognitive Behaviour Therapy (CBT-E) for eating disorders: a flexible evidence-based treatment</b></p> <p>Professor Zafra Cooper, Emeritus Professor of Clinical Psychology, University of Oxford &amp; Adjunct Professor of Psychiatry Yale School of Medicine</p>

2.00pm-2.15pm	Q&A and discussion
2.15pm-2.45pm	Break
2.45pm-4.15pm	<p><b>Session 5: Ketamine for the treatment of anorexia nervosa</b></p> <p>Chair: Dr Hubertus Himmerich, Academic Secretary, Faculty of Eating Disorders, RCPsych, Reader at the Institute of Psychiatry, Psychology &amp; Neuroscience at King's College London</p>
2.45pm-3.10pm	<p><b>Research using Ketamine in Animal Models of Anorexia Nervosa</b></p> <p>Professor Chiye Aoki, Professor of Neural Science and Biology, New York University Centre for Neural Science</p>
3.10pm-3.35pm	<p><b>Ketamine-assisted psychotherapy for eating disorders - a retrospective case series</b></p> <p>Professor Camilla Lindvall Dahlgren, Professor in Clinical Psychology and Head of Research, Department of Psychology, Oslo New University College</p>
3.35pm-4.00pm	<p><b>A Randomised-controlled Feasibility Study of Ketamine for the Treatment of Depression with Anorexia Nervosa</b></p> <p>Dr Katie Rowlands, Institute of Psychiatry, Psychology &amp; Neuroscience, Kings College, London</p>
4.00pm-4.15pm	<b>Q+A and discussion</b>
4.15pm - 4.45pm	Break
4.45pm-5.15pm	<p><b>Session 6: Panel Discussion</b></p> <p>Chair: Ms Hannah Hickinbotham, Patient Rep, Faculty of Eating Disorders, RCPsych</p>
4.45pm-5.15pm	<p><b>Panellists:</b></p> <ul style="list-style-type: none"> <li>• Dr Rory Bolton</li> <li>• Professor Zafra Cooper</li> <li>• Professor Camilla Lindvall Dahlgren</li> <li>• Professor Chiye Aoki</li> <li>• Vanessa Longley, CEO, BEAT</li> <li>• Nick Hawkes, BrEDS</li> </ul>

5.15pm -  
5.30pm

## **Closing comments and poster prizes**

Dr Ashish Kumar, Chair of Faculty of Eating Disorders, RCPsych, Clinical Director, CAMHS, Mersey Care NHS Foundation Trust

5.30pm

End of conference