

Faculty of Old Age Psychiatry Annual Conference

Dates: Thursday 26 and Friday 27 March 2026

Venue: In-person (RCPsych London) / Live-streamed via EventsAir

Day one – Thursday 26 March 2026

Time	Session				
8.00am – 9.30am	Delegate registration (in-person attendees only)				
8:30am-9.00am	<table border="1"> <thead> <tr> <th>Location: Room 1.6</th> <th>Location: Room 1.1</th> </tr> </thead> <tbody> <tr> <td> Healthy Aging and Successful Aging - Dr Muthumathi Swamenathan, Essay Prize winner Mental Health and Older People in Ethiopia - Dr Selam Yoseph, LAMI Bursary Winner Culture, Cognition, and the Meaning of Care in Old Age Psychiatry – Dr Mariam Alwerdani, Resident Doctor Essay Prize Winner </td> <td> Improving dementia risk awareness and prevention discussions in primary care / pragmatic application of lifestyle modification being implemented in local memory services - Dr Mani Krishnan, FRCPsych and Dr Tolorunju Edu, General Practise Specialty Trainee (GPST) Durham and Tess Valley program </td> </tr> </tbody> </table>	Location: Room 1.6	Location: Room 1.1	Healthy Aging and Successful Aging - Dr Muthumathi Swamenathan, Essay Prize winner Mental Health and Older People in Ethiopia - Dr Selam Yoseph, LAMI Bursary Winner Culture, Cognition, and the Meaning of Care in Old Age Psychiatry – Dr Mariam Alwerdani, Resident Doctor Essay Prize Winner	Improving dementia risk awareness and prevention discussions in primary care / pragmatic application of lifestyle modification being implemented in local memory services - Dr Mani Krishnan, FRCPsych and Dr Tolorunju Edu, General Practise Specialty Trainee (GPST) Durham and Tess Valley program
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	Plenary 1 - Location: Room 1.7				
9.15am	Welcome and introductions Dr Mohan Bhat, Consultant Psychiatrist, Kent and Medway NHS Trust, and Chair, Faculty of Old Age Psychiatry				
9.25am	Dementia in the NHS in England: achievements and challenges Dr Jeremy Isaacs, National Clinical Director for Dementia and Older People's Mental Health, NHS England Chair: Dr Mohan Bhat				
09.45am	Novel therapeutics in dementia Professor Cath Mummery, Director UK Dementia Trials Network Chair: Dr Bob Barber				
10.15am	Managing difficult to treat depression in late life Professor Hamish McAllister-Williams, Consultant Psychiatrist, Newcastle University and Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Chair: Dr Bob Barber				
10:45am	Q and A				

11.10am	Morning refreshments Poster viewing Exhibition		
11.40am	Parallel sessions - please choose one of the following three sessions.		
	Parallel 1 Location: Room 1.6	Parallel 2 Location: Room 1.1	Parallel 3 Location: Room 1.7
	<p>Data driven quality improvement: An introduction to the National Audit of Dementia Dr Charlotte Deasy, Consultant Old Age Psychiatrist and Clinical Lead for National Audit of Dementia and Chloe Hood, Programme Manager, Royal College of Psychiatrists</p> <p>Memory Services at a turning point: evidence, equity and what comes next - Dr Isolde Radford, Senior Policy Manager, Alzheimer's Research UK</p>	<p>Film screening: If not now, when? A short film by Nick Tree raising the issues of living with young onset dementia An introduction and discussion with Dr Jacqui Hussey, and Caroline Blanchette, Joint Director for Clinical and Operational Services, Younger People With Dementia charity Chair: Dr Bob Barber</p> <p><i>Please note this session will not be livestreamed - the film can be viewed online</i></p>	<p>Digital Interventions: Digital cognitive remediation trial results in MCI - Dr Ivan Koychev, Clinical Associate Professor in Neuropsychiatry and Consultant Neuropsychiatrist, Imperial College London and Central North West London NHS Foundation Trust</p> <p>Public attitudes to APOE4 disclosure and counselling - Dr Jerry Tan, Academic Fellow, University of Oxford</p> <p>ADSMART – Dr Ben Underwood, University of Cambridge Chair: Dr Ben Underwood</p>
12.40pm	Lunch Poster viewing Exhibition		
	Plenary 2 - Location: Room 1.7		
1.40pm	<p>Women's brain health Professor Gill Livingston, University College London, UCL/ North London Foundation Trust Chari: Dr Rashi Arya</p>		
2.10pm	<p>Lewy Body Dementia: an update on diagnosis and management Dr Paul Donaghy, MRC Clinician Scientist Fellow, NIHR Newcastle BRC, Newcastle</p>		

	University and Consultant Old Age Psychiatrist, Gateshead Health NHS Foundation Trust
2.40pm	Q and A
2.55pm	Afternoon refreshments Poster viewing Exhibition
	Plenary 3 - Location: Room 1.7
3.20pm	Secondary prevention of dementia: digital and repurposed medication approaches Dr Ivan Koychev, Clinical Associate Professor in Neuropsychiatry and Consultant Neuropsychiatrist, Imperial College London and Central North West London NHS Foundation Trust Chair: Dr Judy Rubinsztein
3.50pm	Q and A
4.00pm	Biological pathways in late life depression Professor Alan Thomas, Professor of Old Age Psychiatry, Newcastle University
4.25pm	Lifetime achievement award Professor Alan Thomas
4.45pm	Q and A
4.55pm	Closing comments
5.00pm	End of day one
5.00pm-6.00pm	Drinks reception – all delegates welcome
7.00pm	Conference party – pre-booked tickets are £50 per person

The RCPsych is an inclusive organisation with over 22,000 members who have a diverse range of views, which we look to represent across our programmes. To further open dialogue, scientific discovery and enrich learning, we provide our members with the opportunity to hear from a range of professionals. The speakers, panellists and participants views and comments are their own and not the established views of the College.

This event has received financial support through the purchase of exhibition space, with no further input into the arrangements or agenda of the conference. The exhibitors are Lilly UK; and Alzheimer's Research UK

Day two – Friday 27 March 2026

Time	Session		
8.00am – 9.20am	Delegate registration (in-person attendees only)		
08.30am - 09:00am	Satellite session (in-person only) Location: Room 1.1 Update on RCPsych Physical Health Position Statement Dr Josie Jenkinson	Satellite session (in-person only) Location: Room 1.6 Short poster talks - chaired by Dr Bob Barber Prognostic Factors for Mortality in Community-Dwelling Individuals with Dementia: A Systematic Review - Dr Naile Aybike Sahin Do Falls in Dementia with Lewy Bodies matter?: Evidence from a longitudinal retrospective study – Dr Mithun Pulichumakal Devasia	
	Plenary 4 - Location: Room 1.7		
9.20am	Welcome, introductions and Faculty news Dr Mohan Bhat, Faculty Chair and Dr Ben Underwood, Faculty Vice-Chair		
09.50am	Opportunities and risks around older adults mental health Dr Amanda Thompsell, National Speciality Advisor for Older people’s Mental Health, NHSE Chair: Dr Mohan Bhat		
10.20am	Cognitive impairment in addictions Dr Julia Lewis, Consultant Addiction Psychiatrist, University of Wales, Aneurin Bevan University Health Board Chair: Dr Chineze Ivenso		
10.50am	Q and A		
11.10am	Morning refreshments Poster viewing Exhibition		
11.40am	Parallel sessions - please choose one of the following three sessions.		
	Parallel 4 Location: Room 1.6	Parallel 5 Location: Room 1.1	Parallel 6 Location: Room 1.7
	Diagnosing dementia in the	Dementia and	Panel discussion:

	<p>acute hospital: emergent pathways - Dr Josie Jenkinson, Dr Tomas Welsh and Dr Callum Cruickshank</p> <p>Liaison assessment of dementia QI and the development of a new acute diagnostic pathway - Helen Croft</p>	<p>sport - where are we heading ? Dr Thomas McCabe, Consultant Psychiatrist, NHS Greater Glasgow and Clyde, RCPsych Sport and exercise psychiatry specialist interest group and Dr Caio Redknapp</p> <p>Chair: Dr Rashi Arya</p>	<p>Innovation in action - practical ways to prepare dementia services for the future</p> <p>Professor Charles Marshall, Consultant Neurologist, Queen Mary University of London and Dr Ross Dunne, Consultant Old Age Psychiatrist, Greater Manchester Mental Health Foundation Trust</p> <p>Chaired by David Thomas, Alzheimer's Research UK</p>
12.40pm	<p>Lunch Poster viewing Exhibition</p> <p>1.20pm - Faculty Business Meeting (in-person only/optional meeting) – Location: Room 1.6</p>		
	<p>Plenary 5 - Location: Room 1.7</p>		
1.50pm	<p>Healthy bodies, healthy minds: the case for truly joined up care</p> <p>Professor Liz Sampson, Professor of Liaison Psychiatry, Queen Mary University of London, Dr Ruth Law, Consultant Geriatrician, Whittington Health NHS Trust Chaired by Dr Richard Biram, Consultant Geriatrician Cambridge University Hospitals NHS Foundation Trust</p>		
2.50pm	<p>Afternoon refreshments Poster viewing Exhibition</p>		
	<p>Plenary 6 - Location: Room 1.7</p>		
3.20pm	<p>Why every old age psychiatrist should know how to read a clinical trial</p> <p>Professor Rob Howard, Professor of Old Age Psychiatry, University College London Chair: Dr Vivek Pattan</p>		
3.50pm	<p>Alzheimer's Disease Diagnosis and Plasma Biomarker Trial</p> <p>Dr Jemma Hazan, UCL Clinical Research Fellow and ARUK Clinical Fellow Chair: Dr Vivek Pattan</p>		
4.20pm	<p>Q and A</p>		

4.35pm	Closing comments Prizes, awards, announcements Dr Robert Barber, Dr Mohan Bhat, Dr Chineze Ivenso, Dr Ben Underwood
4.45pm	Close of conference

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