

The logo consists of the letters 'MQ' in a bold, black, sans-serif font. The letters are set against a bright yellow background that has a hand-painted, brushstroke-like texture.

**Mental  
health  
research**

A woman with vibrant red curly hair is smiling broadly and gesturing with her hands. She is wearing a dark blue patterned top and large blue earrings. The background is a textured blue wall.

**Hala Rachidi**

**Funding CYP mental health research**

**We are focusing on these areas for the greatest impact**

**1. Growing and  
inspiring new talent**

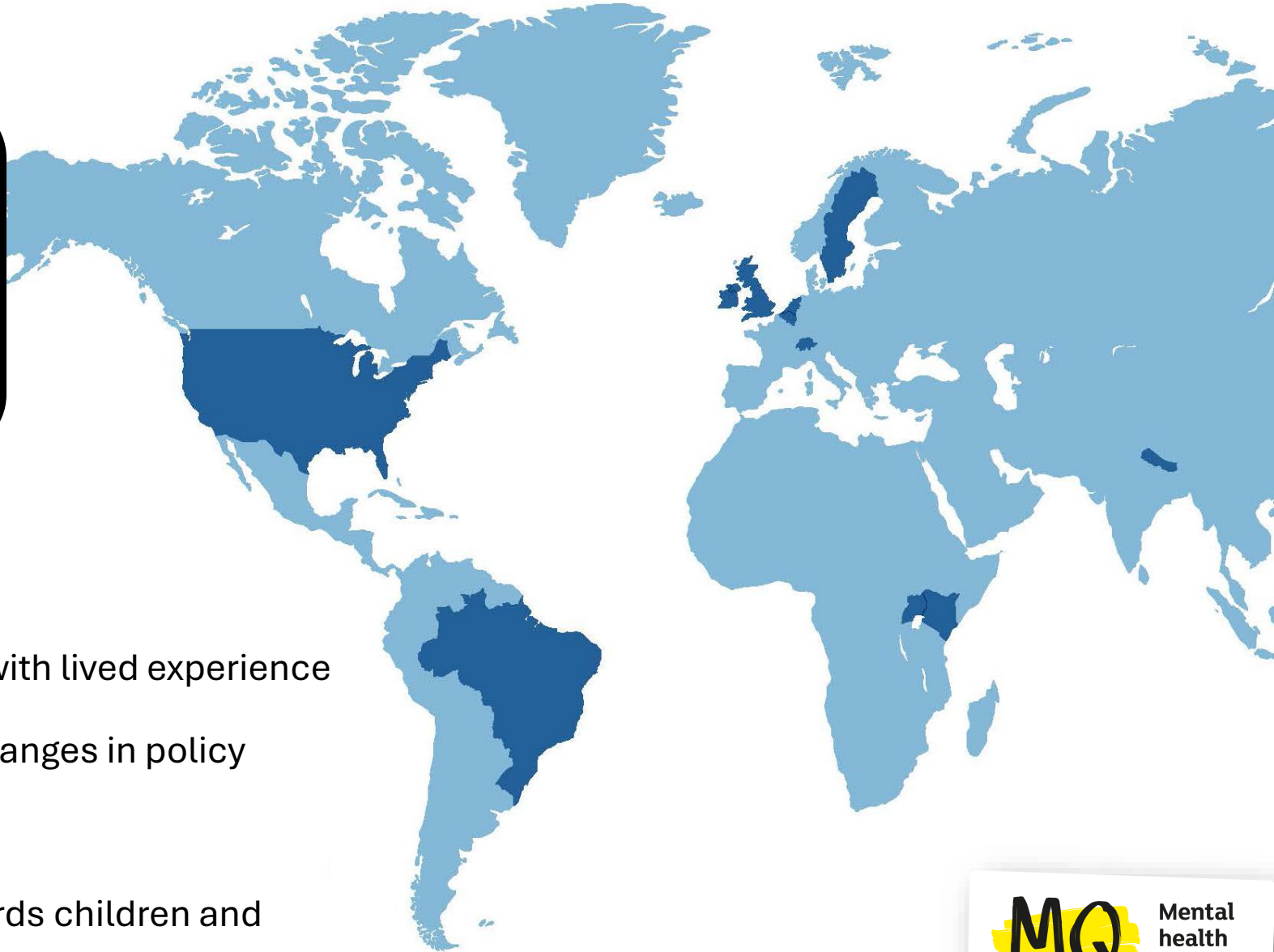
**3. Challenging inequality**

**2. Investing in research  
that drives innovation  
and impact**

**4. Engaging diverse  
people to take part in  
and inform research**

# MQ's Global Impact

We have invested **£30 million**  
To support ground-breaking  
research through grants and  
collaborations in **37 countries**



## In the last 10 years:



75% of our studies involve people with lived experience



30% of MQ's research has led to changes in policy



88% have secured further funding



30% of MQ's funding directed towards children and young people's mental health

# Identifying depression in Early Adolescence



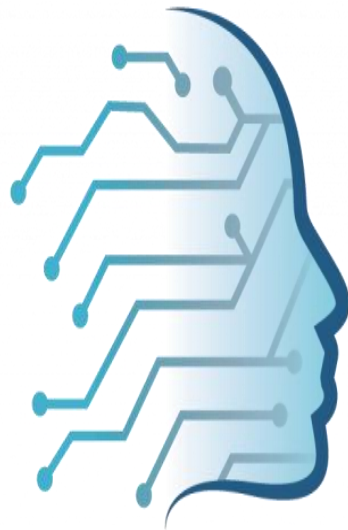
## Predicting depression in young people across international borders

**The Project:** an ambitious multi-national and multi-discipline project that investigates how cultural, social, biological and environmental factors lead to the development of depression in 10-24-year-olds across the UK, Brazil, Nepal, Nigeria, and the USA

**The Potential:** Early intervention context-specific screening to identify and support young people at risk of developing depression

**Further Funding Secured:** £2.5M

# Adolescent Data Platform



## Adolescent Mental Health DATA PLATFORM

**A secure environment to accelerate research into young people's mental health**

**The Project:** ADP brings together a huge range of information relating to the mental health of young people aged 10-24 from across the UK

**The Potential:** Unprecedented resource for researchers and policy-makers to improve understanding of mental illness in young people, address service challenges, and tackle inequalities

**Further Funding Secured:** £26M

# Our Approach: What have we learned?



Crossing disciplinary boundaries

Leading by example: Patient and Public Involvement

Supporting researchers beyond the funding

Actively driving impact

Getting the word out – Sharing research beyond academia

Bringing innovation and expediency to funding

# Thank you

Without research,  
it's just guesswork



**@mqmentalhealth**  
**mqmentalhealth.org**



**MQ: Transforming Mental Health is a company registered in England and Wales (Co number 7406055) and a charity registered in England and Wales (Charity number 1139916) and Scotland (SC046075).**