

QNL D Special Interest Event

'Living Well: Healthy Lifestyle Support in Learning Disability Services'

Tuesday 2 December 2025, 9.45 - 13.00 via Zoom

Programme

To sign up to attend the event please fill in the [booking for here](#)

09.45	Welcome and Introductions <i>Dr Kiran Purandare, QNL D Advisory Group Chair & Consultant Psychiatrist, Central & North-West London NHS Foundation Trust</i>
09.50	Learning from Lives and Deaths – people with a learning disability and autistic people (LeDeR) (title tbc) <i>Professor André Strydom, Professor in Intellectual Disabilities</i>
10.25	Living Well before and with dementia for people who have Down's syndrome <i>Dr Karen Dodd, Consultant Clinical Psychologist, Karen Dodd Consultancy</i>
11.05	Break
11.20	Supporting Healthy Weight and Healthy Living for Individuals with Learning Disabilities: From Concept to Implementation <i>Noor Al-Refae, Senior Strategic Learning Disabilities Dietitian, Leicestershire Partnership NHS Trust</i>
11.40	A service improvement project to coproduce a checklist to assess the quality of Annual Health Checks <i>Dr Rachel Gaywood, Clinical Lead Learning Disability and Neurodiversity, NHS Devon, Pembroke Medical Group, RCGP Learning Disability Special Interest Group</i>
12.05	Break
12.15	Newark MDT Partnership Boccia Group – Sharing our Journey <i>Stella Elliott, Advanced Speech and Language Therapist, Sarah Needham, Senior Physiotherapist, Vicky Romilly, Lead Speech and Language Therapist & Trainee Consultant in Learning Disability and Autism</i>
12.35	Point of care blood tests (POCT) for diabetes screening for people with learning disabilities <i>Dr Dolly Sud, Senior Pharmacist/Postdoc Research Fellow, Leicestershire Partnership NHS Trust</i>
12.55	Closing remarks & close <i>Dr Kiran Purandare, QNL D Advisory Group Chair & Consultant Psychiatrist, Central & North-West London NHS Foundation Trust</i>