

PAR Learning Session 2 (17/12/24): Menstrual in self-harm and suicide prevention: Links and resources

Speaker resources

<https://www.pmdresearch.com/>

<https://theconversation.com/suicide-risk-is-higher-in-certain-phases-of-the-menstrual-cycle-heres-what-we-know-about-this-link-222309> [Lynsay Matthews]

<https://iapmd.org/>

<https://www.nsun.org.uk/resource/menstrual-health-in-psychiatric-inpatient-settings-2024/>

Hat Porter Paper: <https://pubmed.ncbi.nlm.nih.gov/39435962/>

NICE resources

<https://cks.nice.org.uk/topics/premenstrual-syndrome/>

<https://cks.nice.org.uk/topics/premenstrual-syndrome/management/management/>

<https://www.nice.org.uk/guidance/ng88/resources/heavy-menstrual-bleeding-assessment-and-management-pdf-1837701412549>

HSSIB investigation report: Care delivery within community mental health teams (mentions considering menopause as a risk factor for mental health conditions)

<https://www.hssib.org.uk/patient-safety-investigations/care-delivery-within-community-mental-health-teams/>

Research

- <https://psycnet.apa.org/record/2023-81454-001>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC10082663/>
- <https://link.springer.com/article/10.1007/s11920-021-01286-0>
- <https://www.cambridge.org/core/journals/psychological-medicine/article/suicidal-behaviour-and-the-menstrual-cycle/9B661E3C6053D7F3D300DD64691D32C2>
- <https://pmc.ncbi.nlm.nih.gov/articles/PMC8906247/>
- <https://bmcp psychiatry.biomedcentral.com/articles/10.1186/s12888-022-03851-0>
- <https://www.frontiersin.org/research-topics/57785/psychiatric-illness-across-the-menstrual-cycle/articles>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1434499/full>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1458114/abstract>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1442767/full>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1448914/full>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1422333/full>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1443352/full>

- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1410813/full>
- <https://www.frontiersin.org/journals/psychiatry/articles/10.3389/fpsyt.2024.1363875/full>