



The Integrated Motivational-Volitional (IMV) Model of Suicidal behaviour, self-harm and suicide prevention: Agenda

11th February 2025 | 10:00 – 12:00 | Zoom

Facilitation team

Dr Leah Quinlivan: Research Fellow (University of Manchester), and Risk Assessment Delivery Lead

Dr Emma Nielsen: They are a researcher. They are also autistic and have lived experience. Emma will be a co-facilitator for discussions at PAR events.

Professor Rory O'Connor: Chair in Health Psychology, University of Glasgow

Dr Seonaid Cleare: Research Fellow, University of Glasgow

Delegate number: Approx 200

Aims and Overview

This session aims to overview the Integrated Motivational-Volitional Model of Suicidal Behaviour (IMV Model) and understand the application for people with ADHD. The IMV model provides important insights into our understanding of why people die by suicide. This psychological model considers a wide range of background triggers, social and psychological factors, and potential processes that can help clinicians better understand who may act on suicidal thoughts. Attendees will also hear world-leading best practice in safety plans research and the provision of national support for people in emotional distress.

Speakers



Rory O'Connor is Professor of Health Psychology at University of Glasgow, Past President of the International Association for Suicide Prevention and Past President of the International Academy of Suicide Research. Rory leads the Suicidal Behaviour Research Lab, one of the leading suicide research groups internationally. His research has been extensively cited as evidenced by being named in the ISI Highly Cited Researchers list. He is recipient of several awards including the American Foundation for Suicide Prevention's Research Award and the American Association of Suicidology's Dublin Award. He is also author of the award-winning book *When It is Darkest. Why People Die by Suicide and What We Can Do To Prevent It* and is co-host of the mental health podcast *Open Mind*. Professor O'Connor and the team are leading international best practice via the evaluation of safety planning for suicidal behaviour. They have also developed and implemented a national programme to provide The Distress Brief Intervention to people experiencing psychological distress.



Dr Seonaid Cleare is a Research Fellow in the Suicidal Behaviour Research Laboratory at the University of Glasgow. She works on a variety of studies that use different methodologies to further our understanding of factors related to self-harm and suicide, as well as factors which may provide individuals some protection from emotional distress.

Seonaid is applying the IMV model to better understand self-harm and suicidal behaviour in people with ADHD.

Time	Item
10:00-10.15	Welcome and housekeeping <ul style="list-style-type: none"> Dr Leah Quinlivan will welcome attendees and provide an overview of the learning session. and the relationship between the Personalised Approach to Risk work with the Culture of Care programme.
10.15-10.20	Speaker and session introduction <ul style="list-style-type: none"> Leah will introduce the session and speakers.
10.20-11.00	How we can better understand suicidal behaviour <ul style="list-style-type: none"> Professor Rory O'Connor will overview how we can better understand suicidal behaviour via the IMV model, groundbreaking programmes on safety plans and the provision of psychological support for people experiencing psychological distress.
The in11.00-11.10	Break
11.10-11.35	ADHD and suicide risk <ul style="list-style-type: none"> Dr Seonaid Cleare will overview important and urgently needed research using the IMV Model to explore the complex relationship between suicide risk and ADHD.
11.35-11.55	Q&A, discussion, reflection <ul style="list-style-type: none"> We welcome any reflections you would like to share following today's learning session, and any questions for the speakers.
11.55-12.00	Next steps and personalised risk events <ul style="list-style-type: none"> Leah will close the meeting and overview the next learning event.
12.00	Close