



Personalised approach to risk training: Agenda: Year 2 Launch event

30.06.25 | 14.00-17.00 | [Zoom](#) (ID: 851 3812 5699 | PW: 873489)

Facilitation team	
Professor Nav Kapur	Professor of Psychiatry & Population Health, University of Manchester and Director, National Confidential Inquiry into Suicide and Safety in Mental Health (NCISH)
Dr Leah Quinlivan	Research Fellow and Chartered Psychologist, NIHR GM Patient Safety Research Collaboration (PSRC), University of Manchester
Su-Gwan Tham	Research Associate and NCISH Quality Improvement Lead, NCISH (Support)
Dr Jodie Westhead	Research Associate, NCISH (Support)
Pauline Rivart	Research Assistant, NCISH (Support)
Dr Emma Nielsen (team)	They are a researcher. They are also autistic and have lived experience. Emma is a PAR collaborator and will be a co-facilitator for discussions
Eloise Curtis (team)	She is an Expert by Experience and an assessment and self-harm speaker/collaborator for PAR.
Ellie Wildbore (team)	Lived experience expert, speaker, researcher, and PAR Partner
Lucy Gilbert	Senior Lived Experience Advisor for the Culture of Care Programme and Neurodiverse Connection
Cllr. Dr Jacqui Dyer	Director, Black Thrive Global
Jo Green	Lived experience advisor, Black Thrive Global
Pea Meyer Higgins	Pea Higgins: Lived Experience Advisor for NHS England, PAR partner, co-facilitator, and Safety Delivery Group member (Culture of Care Programme).
Julie Redmond	Trauma Informed Advisor, Culture of Care Delivery Team, co-facilitator at PAR events, and Safety Delivery Group member.
Natasha Bryant	She is a Trustwide Suicide Prevention Lead (Avon and Wiltshire Mental Health Partnership NHS Trust)
Emily Cannon	Head of Quality Improvement, National Collaborating Centre for Mental Health (NCCMH)
Matt Milarski	Head of Quality Improvement, National Collaborating Centre for Mental Health (NCCMH)

Aims and context
<p>This event is the national Year 2 launch for the Personalised Approach to Risk Assessment component of the Culture of Care Programme. The aim of this session is to understand the evidence for risk assessment and its limitations and to consider alternative approaches. We will also hear about risk assessment evidence and lived experience of the assessment process. Speakers will outline essential considerations to ensure risk assessments are race equity informed and autism informed. We will learn from trailblazer trust which has already transformed their approach to risk assessment. The PAR team will provide an update on the personalised approach to risk programme element.</p>

Content warning: Throughout this session, we will discuss sensitive topics including self-harm, suicide, and experiences of healthcare services. Discussing these difficult topics can hopefully help improve personalised approaches to risk assessment. However, they may bring up past experiences and be upsetting. We always have an open-door policy, and these events will be recorded. Please do take care of yourself as priority. You can leave for sections and come back, and/or mute any sections as often as you wish.

Time	Item
14.00-14.15	Welcome and introductions <ul style="list-style-type: none"> Emily and Matt will welcome attendees and provide an overview of today's session, including contextualising the personalised approach to risk work within the Culture of Care Programme.
14.15-14.35	Culture of Care standards <ul style="list-style-type: none"> Pea will provide an overview of the co-produced Culture of Care Standards. They will discuss the importance of taking a trauma-and equity informed approach to assessments and including people with lived experience throughout the transformation process.
14.35-15.05	Personalised approaches to risk in mental health in-patient settings <ul style="list-style-type: none"> Nav will outline the role of NCISH within the Culture of Care programme and update on recent progress. He will present evidence for risk assessment and its limitations and will discuss alternative approaches to suicide risk assessment and management. The importance of lived experience, co-production and equity-focused care will also be discussed.
15.05-15.15	Break
15.15-15.35	Autism informed personalised risk assessment <ul style="list-style-type: none"> Lucy will overview the importance of having an autism informed approach to personalised risk assessment.
15.35-15.55	Considering racial equity and risk assessment <ul style="list-style-type: none"> Jacqui and Jo will overview essential racial equity consideration for risk assessment in mental health services.
15.55-16.10	Transforming risk assessment locally: trailblazer site <ul style="list-style-type: none"> We will hear from Tash about the updated approach to risk assessment at Avon and Wiltshire Mental Health Partnership NHS Trust.
16.10-16.25	Support for organisations on PAR year two <ul style="list-style-type: none"> Emily and Matt will share information on the support available to organisations from the Culture of Care team across year two of the programme.
16.25-16.35	Break
16.35-16.50	Discussion & Q&A <ul style="list-style-type: none"> Emily and Matt will facilitate a reflective discussion about the session today, including the importance of meaningful involvement, opportunities for change, the Culture of Care equity principles. We welcome any reflections you would like to share following today's event, and questions you have for any of today's speakers.
16.50-17.00	Next steps <ul style="list-style-type: none"> Emily and Matt will overview next steps for the PAR programme
17.00	Close

Help in a crisis contacts

- [Samaritans](#)
Call 116 123 – 24 hours a day, 365 days a year
- Text “[SHOUT](#)” to 85258
Available 24/7
- [SANEline](#)
0300 304 7000 – 4.30pm-10.30pm, 365 days a year
- [Campaign Against Living Miserably \(CALM\)](#)
Call 0800 58 58 58 – 5pm-midnight, 365 days a year
- [Women’s Aid](#) – national domestic violence helpline
Call 0808 2000 247 – 24 hours a day, 7 days a week
- [Papyrus](#) HOPElineUK – for people under 35
Call 0800 068 41 41 – 10am-10pm weekdays, 2pm-10pm weekends, 2pm-5pm bank holidays
- [Childline](#) – for children and young people under 19
Call 0800 1111
- [The Silver Line](#) – for older people
0800 4 70 80 90 – 24 hours a day, 365 days a year
- [NHS 111](#)
Call 111 – 24 hours a day, 365 days a year
- [LGBT Foundation’s](#) Helpline
Call 0345 3 30 30 30 – 9am-9pm weekdays, 10am-6pm Saturday
- [No Panic](#) – for people who suffer from panic attacks, phobias, obsessive compulsive disorders and other related anxiety disorders
Call 0844 967 4848 – 10am-10pm, 365 days a year
- [BEAT](#) – support and information about eating disorders
0808 801 0677 – 3pm-10pm, 365 days a year
- [Alcoholics Anonymous](#)
0800 9177 650
- [GamCare](#) – free information, advice and support for anyone harmed by gambling
Call 0808 8020 133 – 24 hours a day, 7 days a week
- [James’ Place](#) – a charity offering support to men in suicidal crisis at centres in Liverpool, London and Newcastle
Call 0151 303 5757 (James’ Place Liverpool), 020 3488 8404 (James’ Place London) or 0191 406 6000 (James’ Place Newcastle) 9.30am-5.30pm Monday-Friday (except Bank Holidays) or complete a [self-referral form](#)