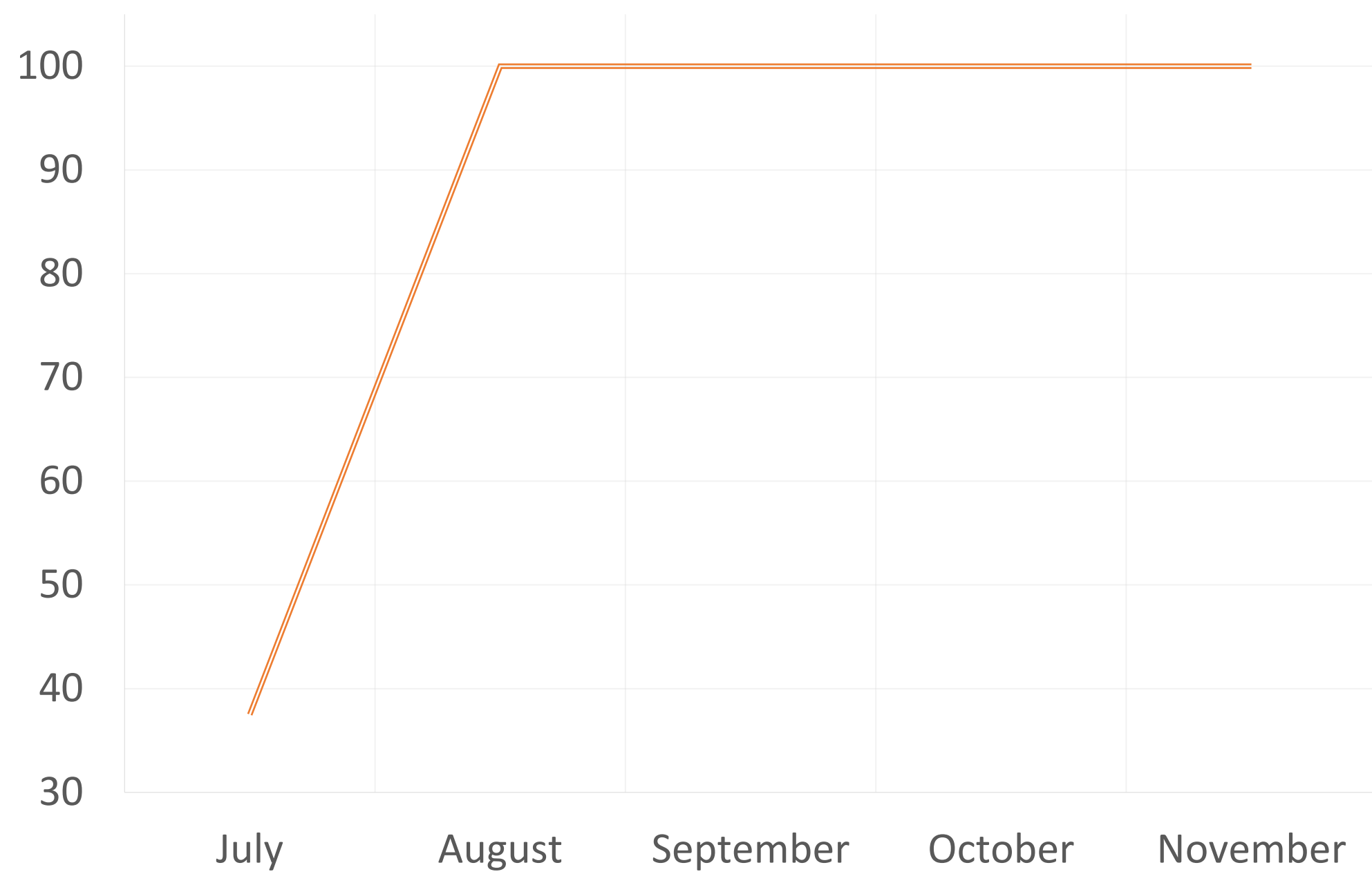


Percentage of Patients Engaged with the Treating Tobacco Dependency Service



Change ideas we have tested

1. Treating Tobacco Dependency Board

- Highlighted the service to patients and staff, engaged new admissions, provided education, implemented LSCft and promoted the smokefree policy.
- The board is based within the dining room and has information about NRT products that are available for patients to read.

2. Treating Tobacco Dependency – on the agenda on the weekly patient meeting

- Positive – highlighted the service, engaged new admissions, provided education, implemented LSCft and promoted the smokefree policy.

Our reflections on taking part in the project

- Highlighted to ward staff what the TTD service does within clinical practice. Presence of TTD staff on the ward has had a positive impact on engagement within the service. Patients and staff have been introduced to the carbon monoxide equipment on the ward, this has been a motivational and clinical tool for patients to use.

Changes we have seen in the team

- 19 individuals have undertaken meaningful tobacco treatment since we have been working on the ward. Currently, 100% of the people who smoke on the ward actively engage with the service.
- The ward has supported the treating tobacco dependency service, promoting and discussing the service within patient community meetings providing patients education and information about the TTD service. TTD board is up within the communal area for patients to access information on NRT options.
- Deputy director of nursing and quality, practice development nurses, ward manager, matron, patient experience manager, occupational health team members, and occupational activity worker have all been involved in attending QuITT meets.
- This project has helped us improve our service. Our feedback has been outstanding with individuals saying the team are very good, professional, reliable, supportive and encouraging. Others say it has been good to hear the wealth of knowledge and advice the team have about the benefits of cutting down with the end goal of quitting altogether.

Some of our challenges

- The challenges we have faced include:
 - Engagement with staff
 - Shortage of staff
 - Key incidents on the wards
 - Clinical leadership and ownership
 - Timescales with implementation
 - A change to the ward halfway through the project
 - Ward acuity
 - Patient Disengagement
- Our advice would be to work collaboratively with clinical teams regularly and use change ideas that would be effective in clinical practice.

Looking to the future

Our future plans include continuing to provide TTD support on the wards within clinical practice, continue for the TTD service to attend patient weekly meetings to discuss with patients the offer of TTD support. Go green event planned in January 2025 at the hospital site to continue to promote the service to patients and staff.