



### Change ideas we have tested

- 1. Increase Screening referrals on wards-** Engaging with staff, providing Very Brief Advice + training, education/reminding of screening process (where to record on RIO). Smoke Free Champions training.
- 2. New Admission Pre-Survey-** Pre-admission survey created to help compare results upon discharge.
- 3. Two weekly activity-** Group activity conducted by activity worker

#### Learning from these ideas:

1. Getting patients to stop smoking is achievable with the right support.
2. Across the partnership, we learned that staff were recording the smoking status on different platforms.
3. The initial expectations around the TD service /products provide varied.
4. The importance of data collection and analysis
5. Importance of smokefree policy implementation and signage
6. Health promotion and identification of smoking statuses.

### Our reflections on taking part in the project

- We have been able to develop some change ideas that we have implemented in service.
- The project has enabled us create more engaging sensitisation strategies around our smokefree policy

### Changes we have seen in the team

1. BEH and C&I have now merged into one Trust North London NHS Foundation Trust.
2. Restructured the project team (previously started with two wards, currently only one ward is involved in the project).
3. The Northern part of the trust is smokefree following the implementation of the test ideas that originated on the project ward.
4. Change in team culture-empowered and confident in promoting a smokefree environment.
5. Members of staff engaged in data collection
6. Staff and patients' awareness through posting leaflets and poster

### Some of our challenges

#### What challenges have you faced in this work?

1. Poor engagement due to pressures on the ward.
2. Staff shortage within the TDT and ward areas
3. Data collection limitations
4. Difficulty in engaging patients

#### Have you been able to overcome your challenges?

- Yes.
- For example, we have developed good practice with data collection.
- Staff are responsive to the tobacco dependence service.

#### What advice would you give to anyone about to start their own QI project?

- The project area and tobacco dependence team need to be on the same page
- Data collection is paramount.

### Looking to the future

Have you embedded any change ideas into everyday practice? How do you plan to continue the positive work of the project?

1. This has helped the Northern part of the Trust with implementing a Smoke-free initiative that has so far been successful
2. Screening patients smoking status