



Change ideas we have tested

1. Change Ideas We Have Tested
2. Closed Pod Vape Device
3. NRT (Nicotine Replacement Therapy) on Admission
4. Safety Crosses
5. Smoke-Free Champions

Learning from these ideas:

1. Closed Pod Vapes:
The test of change (TOC) "failed beautifully."
Key Learning: Before introducing a treatment product like vapes, it is crucial to involve service users and individuals with lived experience during the market survey or product selection process.
2. NRT on Admission:
The TOC was successful.
Key Learning: Involving the multidisciplinary team (MDT) in the care process is essential to success.

Changes we have seen in the team

- **Patient Outcomes:**
There has been an improvement in the number of patients engaging in meaningful treatment after being introduced to NRT on admission. Patients are more receptive to tobacco dependency treatment.
- **Staff Practices and Culture:**
Registered staff now routinely ask service users about their smoking status on admission and provide NRT promptly.

Although the tobacco dependency treatment service has not seen substantial improvement yet, there is a noticeable increase in awareness among staff.

Our reflections on taking part in the project

- The Trust has launched a wide-reaching campaign driven by the success of the Tea and NRT initiative.
- There is a concerted effort to ensure rapid NRT supply, led by medicine management team and chief nurse.
- While external feedback is not extensively detailed, some changes have been noticed by patients, carers, and other teams working alongside the service.

Some of our challenges

- **Staff Culture and Participation:**
Resistance to change in staff culture remains a challenge but is showing gradual improvement.

Key Advice: For anyone starting a Quality Improvement (QI) project, focus on driving cultural change early to ensure the project's success.

Looking to the future

The NRT on Admission TOC is being embedded into routine practice across all hospital sites within the Trust. This initiative has catalyzed the Trust-wide Tea and NRT campaign for rapid NRT supply.

Additional TOC ideas are still under evaluation, with plans to implement them Trust-wide upon successful testing.

The QuITT collaborative project has inspired the formation of a new quality improvement arm within the team.

The unsuccessful TOC idea (Closed Pod Vape) has been adopted by the Trust and will be explored in another QI project.