

# Public Mental Health Learning Community: Learning Set

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## Event details

**Date:** Wednesday 19<sup>th</sup> March 2025

**Start time:** 10.00    **End time:** 11.30

**Format:** Virtual (MS Teams)

**Link to join the learning set:** [Microsoft Teams Meeting](#)

## Background

Public mental health (PMH) aims to reduce the occurrence of mental health conditions and improve mental wellbeing at the population level. The PMH Learning Community aims to support local systems to improve their PMH implementation and to create a space for continuous shared learning among clinicians, public health experts, and people with lived experience of mental health conditions.

The PMH Learning Community will also link with the learning objectives of the Royal College of Psychiatrists (RCPsych) [Public Mental Health \(PMH\) Leadership Certification course](#). The certification course supports building knowledge and skills for clinicians to champion population-based approaches and become leaders in public mental health.

As part of the learning community, the [Public Mental Health Implementation Centre \(PMHIC\)](#) will host a series of monthly virtual events, including learning sets and workshops. For more information, please refer to our webpage [Public Mental Health \(PMH\) Learning Community \(rcpsych.ac.uk\)](#).

## Purpose and aim of the event

As part of the Learning Community, the PMHIC will host a series of monthly virtual events, including learning sets and workshops.

## Learning sets

Members of the Community will be invited to attend online 'learning sets' occurring every two months, to share their experiences of public mental health practice. The virtual learning sets will include presentations of projects/best practice followed by a Q&A on a selected topic proposed by a member of the Community.

## Learning Set agenda and schedule

Time	Speaker	Affiliation	Topic
10:00-10:15	Dr Jean Strelitz	Senior Researcher   National Collaborating Centre for Mental Health (NCCMH)	Welcome and introductions
10:15-10:45	Nancy Towers	Senior Policy Officer – Healthy Communities & Mental Wellbeing, West Midlands Combined Authority	West Midlands Mental Health Commission  Followed by Q&A
<b>Break (10min)</b>			
10:55-11:25	Dr Maggie McGurgan	Consultant Psychiatrist at Northern Health & Social Care Trust (NHS).	A Crash Course in Mental Health for Teachers & School Staff – Thinking about mental health, emotional wellbeing and neurodiversity among students and staff  Followed by Q&A
11.25-11.30	Dr Jean Strelitz	Senior Researcher   National Collaborating Centre for Mental Health (NCCMH)	Thank you and closing remarks

### Resources available post-learning set

- Event agenda and presentation slide deck
- Recording from the learning set
- Resources shared by members of the learning community

The above resources will be available on the [PMH Learning Community](#) webpage following the event.

If you would like to present at one of our events or have any questions about the PMH Learning Community, please do get in touch with us at [public.mh@rcpsych.ac.uk](mailto:public.mh@rcpsych.ac.uk).