

Dear CAP Faculty members,

Welcome to our Summer newsletter. We aware that despite the 'highs' of watching sporting successes at the Olympic games, many of our members may have felt low and frustrated by the current UK climate recently. We have heard colleagues report feeling more vulnerable and unwelcome due to the riots and unrest in the UK. We do hope you can all access support for yourselves and your families, and that you feel valued in the important work you do for our young people and families. If you feel it would be helpful to access additional support through the College, the [Psychiatrists' Support Service](#) can offer free peer support too.

We are trialling a new format of newsletter this time, which links to individual articles rather than collating them in one document. We hope it makes locating articles of interest easier but please do send us feedback about this new style. We have a fantastic range of submissions and updates for you to peruse, including our regular contributions as well as some thought-provoking articles from our members. We also include the winning essays from the medical student and Harrington essay prizes.

The links to the articles can be found in the list below:

1. Our **Faculty Chair**, [Elaine Lockhart's update](#).
2. We have updates from our devolved nations as follows: the [Welsh Faculty update](#), the [Northern Ireland Faculty update](#) and the [Scotland Faculty update](#)
3. Our CAMHS **national trainee reps**, Dr Matthew Leahy, Dr Natasha Keyworth and Dr Fiona Shaw have written [this piece](#).
4. You can read the fantastic **winning essays** from the annual medical student essay prize written by Freya Dodgins '[Are schools bad for young people's mental health](#)' and the Harrington essay prize winner's essay on the topic '[The role of education and the education system in supporting children and young people's mental health](#)' written by Lindsey McKeown.
5. Anupam Bhardwaj, Current Chair of the Child and Adolescent Advisory Committee (**CAPSAC**) has provided an [update on CAPSAC](#).
6. The **Child and Adolescent Psychiatry Surveillance System (CAPSS)** have provided [an update](#).

7. Ashley Liew from the national **PANS PANDAS Steering Group** (PPSG) gives us an [overview of the work of the group](#).
8. Fatma Swilem Ali has provided a thoughtful piece on [Emotional Dysregulation in ADHD patients](#).
9. Olurotimi Adejumo, ST7 provides a [report](#) on the recent **Child and Adolescent Intellectual Disability Psychiatry Network (CAIDPN) Conference**.
10. In her [piece](#) Amabel Dessain reflects on **Where is Human Rights teaching as a trainee child psychiatrist: A trainee's reflections on Baroness Hollins' 'My Heart Breaks'**.
11. Sarah Jonas has written [an article](#) on Child Sexual Abuse and outlines the **work of the Centre of Expertise on Child Sexual Abuse** (The CSA Centre) including links to its resources.
12. Information on the [RCPsych College library resources](#) has been provided by Fiona Watson, Libraries and Archives Manager.
13. We hope you find the [ICD-11 Update](#) written by Prof Elena Garralda useful.
14. Lastly we have included information about the [RCPsych Fellowships](#) which are now open and you may be interested in.

If you would like to see the **current membership of the faculty executive** committee, please visit [this page](#) and if you wish to **contact a member** [please email](#) Faculty and Committee Manager Hayley Shaw, who will assist you.

Happy reading everyone! Please do keep sending us your submissions and suggestions for upcoming newsletters.

Dr Meinou Simmons (Lead newsletter editor)

Hayley Shaw, RCPsych Faculty and Committee Manager (newsletter editor)